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CPCHEM Expat Medical Plan Participant,

In follow-up to the Teladoc e-mail recently sent, we want to inform you that Aetna International has offered an enhanced telemedicine service. This service, vHealth, is very similar to Teladoc but will be available **at no cost to you for the next 90 days through June 15, 2020**. In addition, unlike Teladoc which is only available in the U.S., **you can access vHealth from anywhere in the world**. vHealth offers services similar to Teladoc, including issuing prescriptions for certain medical conditions. Below is additional information on your vHealth service.

vHealth Services Description

- vHealth allows CPCHEM Expat Medical Plan employees and dependents (members) to speak to an experienced doctor by telephone or video call, without travelling to a medical facility or worrying about infection.
- Whether you want to talk about COVID-19 or any other medical concern, you can use the service 24/7, from any country in the world.
- All consultations are completely confidential, unlimited and available in multiple languages.

3 easy ways to book a vHealth consultation

- **The vHealth by Aetna app**
 - Download the vHealth app from the [App store](#) or [Google Play](#)
 - Register your details and enter the access code **VHEALTH90**
 - Book an appointment by following the onscreen instructions
- **By telephone**
 - Call vHealth by Aetna and book an appointment over the phone:
+1-202-888-3462 (USA)
+44 203 6956363 (UK)
- **By email**
 - Send your consultation request to vhealth90@teladochealth.com
 - Include your full name, membership number, telephone number, preferred language and reason for the consultation
 - A response will be sent back to you within 4 hours

Also, remember that you can access our benefit handbooks, contact information, vendor quick links, tools, forms, **a new COVID-19 benefits resources page**, and much more at our public benefits website, www.mycpchembenefits.com.

Thank you!

The Chevron Phillips Chemical Benefits Team