



BlueCross BlueShield  
of Texas

MDLIVE®

# hassle free-er

## introducing MDLIVE E-Treatment.

quick, talk-free access  
to urgent care from MDLIVE.



When your busy schedule has little to no wiggle room, making time to talk to a doctor when you're sick or feeling slightly under the weather can be tough. Now, with E-Treatment, you don't need to have a call or live chat with a doctor. Have convenient, quality care without the conversation.

### urgent care. your way, on your time.



**No calls or talking.<sup>1</sup> Share your symptoms with a board-certified doctor.**



**Access to the same doctors and quality care as a live MDLIVE Urgent Care visit.**



**Receive your diagnosis and treatment plan, with prescriptions sent to your preferred pharmacy if medically appropriate.<sup>2</sup>**

### MDLIVE E-Treatment provides care for more than 100+ common, everyday conditions, including:

- Allergies
- Birth Control<sup>3</sup>
- Cold & Flu
- Cough
- Covid-19<sup>4</sup>
- Ear Concerns
- Eye Concerns
- Motion Sickness
- Mouth Sores
- Rash
- UTI (Adult Females, 18+)
- Yeast Infections

### get started in 3 quick steps:

1

Log in or create your account. Choose "E-Treatment" from urgent care options.

2

Complete a questionnaire about your condition, symptoms, and medical history.

3

Get your diagnosis and treatment plan. Your doctor will send prescriptions to your pharmacy if needed.<sup>2</sup>

**Log in for quick, talk-free access to urgent care.**  
**mdlive.com/bcbstx**

**888.680.8646**

Get the app



E-Treatment will be available in US states, except Kansas, Mississippi, New Mexico, West Virginia, and the District of Columbia. Patients who don't have E-Treatment available to them will not see it as an option in the MDLIVE patient portal.  
<sup>1</sup>If your MDLIVE doctor believes your condition requires a higher level of care, they can transfer you to a phone or video consultation so you don't have to start your visit over. E-Treatment is available seven days a week, 8 a.m. to 10 p.m. ET, excluding federal holidays.

<sup>2</sup>Prescriptions are available at the physician's discretion when medically necessary.

<sup>3</sup>Available in pill, patch, ring, and gel forms. Service is available for women 18-45 who are not currently pregnant and have had a normal blood pressure reading in the past 6 months.

<sup>4</sup>MDLIVE doctors can prescribe the antiviral, Paxlovid, in the treatment of COVID-19 to patients ages 18 and older when medically appropriate. MDLIVE doctors cannot prescribe Molnupiravir or other medications beyond Paxlovid in the treatment of COVID-19.

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