

May 2024

## How's Your Mental Health?

**Almost one in five American adults experience mental illness each year—and fewer than half receive treatment.** As we recognize Mental Health Awareness Month this May, know that it's okay not to be okay.

What's not acceptable is that many Americans lack access to mental health services and face high prescription costs for medications to treat their conditions. Mental health conditions such as depression, anxiety, and other mood disorders are often neglected in public health programs.

CPChem doesn't want the cost of prescription drugs to prevent you or your family members from getting the treatment you deserve. That's why CPChem provides Rx Savings Solutions (RxSS) to help employees find the most affordable options available to them.

Here's just one real-life example:

- A 32-year-old RxSS member with a mental health disorder was paying nearly **\$450** for a 30-day supply of a brand-name medication.
- They received a savings alert from RxSS informing them of a clinically effective alternative that would only cost them **\$5** per fill.
- With one click from their RxSS account, they were able to get their doctor's approval for the new prescription and it was ready by their next fill.
- It was that simple and resulted in this member seeing **annualized savings of more than \$5,000.**

As a CPChem employee, **you are not alone.** We're here to give you access to resources like RxSS that can help. Even if you're worried about changing your current prescription, RxSS will work with you to contact your healthcare provider and make sure the switch is right for you.

**Activate your RxSS account or log in today to see all the options you have for prescriptions. Please share with your covered eligible dependents as well. To reach us, please call 1-800-268-4476 and/or [RXsavingsolutions.com](https://rxsavingsolutions.com)**

